



Online Safety Guide For 2019

*Online & Gaming Safety Guide for Parents
To Go Through With Their Children*

Internet Safety Checklist

- I will not give out personal information such as my address, telephone number, parents' work address/telephone number, or the name and location of my school without my parents' permission.
- I will tell my parents right away if I come across any information that makes me feel uncomfortable.
- I will never agree to get together with someone I "meet" online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother or father along.
- I will never send a person my picture or anything else without first checking with my parents.
- I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do I will tell my parents right away so that they can contact the service provider.
- I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.
- I will not give out my Internet password to anyone (even my best friends) other than my parents.
- I will check with my parents before downloading or installing software or doing anything that could possibly hurt our computer or jeopardize my family's privacy.
- I will be a good online citizen and not do anything that hurts other people or is against the law.
- I will help my parents understand how to have fun and learn things online and teach them things about the Internet, computers and other technology.

Online Gaming Safety

What your kids need to know!

Take some time to sit with your child(ren) to discuss the online gaming community and ensure they have a fun and safe place to play games. Discuss each of the following bullets in detail with your child to confirm their understanding.

Gaming is meant to be fun. But sometimes things people do could make you upset or uncomfortable. Being aware of some of the risks can help you to stay safe.

- Not everyone will be nice or the same age as you. Some gamers may say nasty things or try to bully and upset other players. This can be done by people you know or strangers.
- Some people may use games to try and groom children. This is when they try to build a relationship or friendship with a young person to trick or pressure them into doing something sexual.
- Some games may have content which might upset you. This could include violence, horror, or sex. It may be more life-like if you play virtual reality games.
- Some people find it hard to stop playing. Gaming may affect the rest of their life and turn into an addiction

5 Top Tips For Kids

1. Tell a trusted adult if something upsets you. Check how to report, block, or mute other players before you start playing
2. There's nothing wrong with losing - sometimes you'll win and sometimes you'll lose
3. Respect other players and don't upset anyone in order to get ahead
4. Check game ratings - they tell you if the game is unsuitable for younger age groups
5. Don't spend all your time gaming - make time for your family and friends, other social activities and homework